



London Gymnastics MTC Regional Qualifiers 2016

Europa Centre

Vimy Way, Maiden Lane, Crayford, Kent, DA1 4FA

Sunday 18th September 2016

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Venue & Tickets



Europa Centre
Vimy Way, Crayford, Kent. DA1 4FA
01322 318888
info@europagymcentre.com
www.europagymcentre.com

How to get here:

Please note that as the postcode is relatively new you may need to update satnavs or use postcode DA1 4ND

By Underground:

No underground station nearby.

By Rail:

There are regular over ground services to Crayford station from Charing Cross, London Bridge, Cannon Street, Waterloo East and Dartford. On exiting Crayford station proceed towards station road. Turn left down Station road. When you get to the roundabout (McDonalds) turn right onto Dartford road. Cross over at the crossing.

By DLR:

Take DLR to Woolwich and catch the 96 bus to Dartford, alight at Dartford rd (Maiden lane stop). Turn left after alighting and take the first right down Maiden Lane. Go under the single lane bridge, you will notice to the left a new housing estate (Vickers Green) and behind it The Europa Centre.

By Bus:

No. 96 regular from Woolwich-Bluewater (12-13 mins Sun) and the no 428 regular between Erith-Bluewater (30 mins Sun).

By Boat:

N/A

By Car:

Easy access from the M25 and A2 we are located on the boarder of Crayford and Dartford.

From Dartford town centre: Following signs to Crayford proceed up West Hill to first roundabout and onto Dartford Rd, Carry on towards Crayford and Just before the next Roundabout Turn right at Maiden Lane, proceed down the hill and under the bridge just after the bridge you will notice to the left a new housing estate (Vickers Green) and behind it The Europa Centre.

From A2 coast bound: Follow signs for Dartford heath A2018, at the end of the slip road from the A2 take the first exit onto Shepherds Lane*

From A2 London bound: Take the 3rd exit onto Shepherds lane*

*Go over the first roundabout and proceed along Shepherds Lane at the traffic lights turn left onto Princes Rd, at the end of Princes Rd take the 2nd exit on the roundabout onto Dartford Rd, then 150 yards down take the first left (Maiden Lane) Go under the bridge you will notice to the left a new housing estate (Vickers Green) and behind it The Europa Centre.

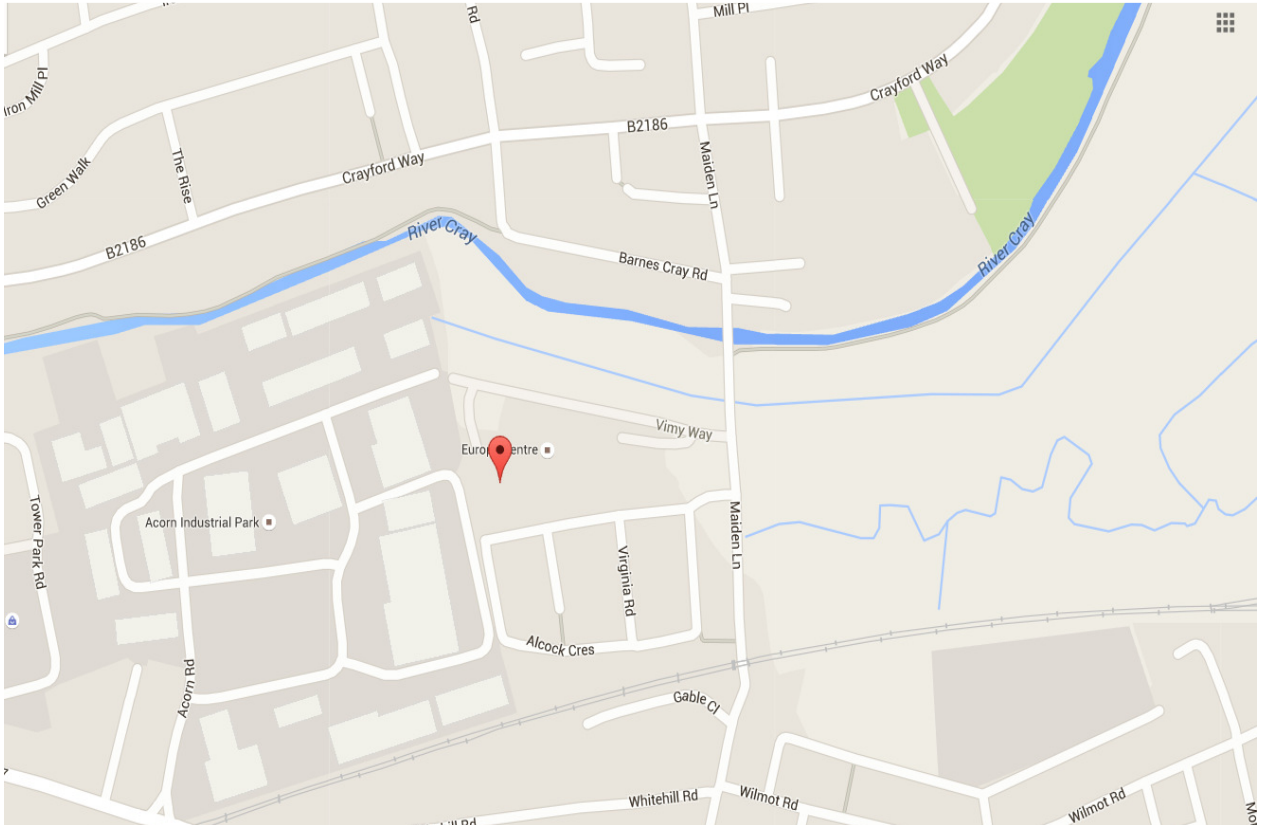
From M25 Clockwise: Immediately after the Dartford Toll Crossing (link to crossing charge) exit M25 at junction 1a, keep left on slip road and at the roundabout take the first exit left and proceed back over the M25. At the next roundabout take the second exit *

From M25 Anti-Clockwise: Immediately before the Dartford Toll Crossing take junction 1a, keep left*

*Proceed along University Way (A206) go across 2 roundabouts. At the end of University Way keep right and take the 2nd exit onto Thames Rd, at the first roundabout take the first left and onto Crayford Way, Proceed along Crayford Way and at the first mini roundabout take the first exit into Maiden Lane, we are located on the right approx. 400 yards down.

By Bicycle:

Crayford way is a designated signed cycle route. Follow directions as per directions from Dartford.



Parking:

Parking at the Centre is Free of Charge. We have limited parking available under the centre and all along Vimy way, for most events there will be a recognisable car park attendant on duty to direct you.

UNDER NO CIRCUMSTANCES PARK IN THE ADJOINING HOUSING ESTATE AS YOU WILL GET A PARKING TICKET.

When you get to the Centre:

Enter through either main entrance take the stairs or lift up to the reception on the first floor.

Ticket Sales:

There are No Pre Sale Tickets Available. Tickets will be sold on the day at Europa Centre Reception

Tickets:

Spectator tickets Costs:	Adults:	£7.00
	Concessions & under 12's:	£3.00

Event Personnel

Competition Organiser:	Emma Sheriff Gym No. 01322 318888
The Head of Judging Panels:	Graham O’Sullivan
Medical provision:	Anne Mugridge will be a first aider present during the event. Anne may be contacted through the competition organiser
Welfare Officer:	Samantha James will be a welfare officer on duty during the event. Samantha may be contacted through the competition organiser
Announcers:	Yvonne Arnold & Chris Sheriff
Scorers:	Samantha James
Music:	Becky Sheriff & Hannah Cotter
Stewards:	Europa Gymnasts
Orientation meeting Coordinator:	Peter Etherington

Technical information

Clubs:	Must be BG registered, LG affiliated
Supervising coaches:	Must have current gold BG membership, DBS & SPCA, & minimum level 2 qualification. Coaches without an identification pass will be not be allowed in the competition or warm up area.
Assisting coaches:	Must have current silver BG membership, DBS, SPCA & minimum level 1 qualification. <i>Level 1 assisting coaches may not put gymnasts on the floor.</i>
Gymnasts:	Must have current BG silver/ bronze membership
Judges:	Judges require a current minimum Bronze BG membership & judging qualification
Equipment specifications:	Gymnova
Judges meeting:	There will be a judges meeting at 9am
Coaches meeting:	There will be a coaches meeting at 9am
Gymnast registration:	One coach from each club will be required to register all their gymnasts and inform the officials of any withdrawals. Upon registering, each club will receive a pack containing a running order, passes for nominated coaches and assisting coaches and codes of conduct.
Anti-doping:	Testing may take place at any event. The gymnast is held accountable if a prohibited substance is found in a sample provided, whether intentional or unintentional. If a gymnast is taking medication it is vital that these are checked on a regular basis and if tested, declared. Medications may be checked on the website: http://www.globaldro.com If a gymnast is currently on medication which is restricted or prohibited, or has a Therapeutic Use Exemption (TUE) certificate, it is necessary to ensure that BG /LG is aware of this and to ensure that the TUE certificate is available at the testing. For further information check www.british-gymnastics.org
BG/LG Photo Policy:	By entering an LG event, there is an acceptance that the participants may be photographed and the photograph may be published in LG communications. Any person wishing to use video, film, or take photographs must abide by the BG 'Photography at Events' Policy. (www.british-gymnastics.org) Photos may only be taken for personal use. You may not take photos for sale, other commercial use, or publications in printed or electronic form, such as on websites. Clubs may publish some photos of their own gymnasts, but this may only be done in accordance with BG 'Child Protection' Policy

Flash may not be used at any time whilst gymnasts are warming up or competing. Any concerns about any photographer or the suitability of any photos being taken should be reported to the Welfare Officer at the event.

Nominated coaches must not take photos or videos, whilst in the competition/warm up arena. Coaches who are spectators are covered by the same rulings as parents/guardian

Competition Details:

Gymnast's attire:

Gymnasts must march on in *competition attire/ club tracksuits*. Jewellery, body piercing and similar adornments are not allowed

Coach's attire:

In line with BG regulations, coaches must wear club tracksuit or polo shirt and track bottoms. Coaches will not be allowed on the competition or warm up area if wearing inappropriate clothing or jewellery and their gymnasts will be disqualified.

Chewing gum is not permitted

Judges attire:

Judges and officials must wear *black/blue* suits, skirts and white shirts.

Black shoes

Electronic communications:

Apart from as required for the running of the competition, gymnasts, coaches, judges and officials must not use mobile phones or any other electronic communication devices including tablets, to make calls, take photographs or be used for other forms of communication in the competition /training area during the event.

Inquiries and protests:

A coach may only inquire about the difficulty score, in accordance with the principles of the FIG code of points. Inquiries can be made only for a coaches' own gymnast. For set routines, inquiries to be made only through Graham O'Sullivan, Head Judge or Peter Etherington, Regional Coach, on the day. Please do not inquire to the judges.

Tie breaks:

In the event of a tied score, there will be no tie-break and tied gymnasts will have the same ranking. Subsequent ranks will be skipped

Scoring and Results:

Scores will be shown after each performance. Finalised score sheets will be sent to competing clubs. Scores will be published on the LG website.

Presentation ceremony and awards:

All gymnasts must be present for the presentation ceremony at the end of the competition. Gymnasts and coaches participating in the presentation ceremony must march on in competition attire. A medal will be presented to the first, second and third placed competitors in each of the competition categories:

Judging Panels:

Will be advised before the competition when finalised

Event timetable & Running Order:

Please see the attached event timetable

LONDON GYMNASTICS

London Regional Qualifiers 2016

Sunday 18th September 2016 - Europa Centre

Round 1

Registration 9.00am

General Warm-up 9.15-9.25am

March in / Competition Start 9.30am

Competition End 1.35pm

Presentations 1.45pm

Group 1 – Starting on Floor

1	Varusian Birabanathan	Hendon	3C
2	Zion Nelson Bent	Croydon SG	3C
3	Trey McGregor	Europa	3C
4	Leo Perry-Wingfield	Camden	3C
5	Trigg Dudley	Heathrow	2E
6	Mounir Bennadi	Heathrow	2E
7	Tycho Collins	NELG	2E
8	Aareon Ung	Hendon	2E
9	Oliver Condon	Europa	2E
10	Finley Dunning	Europa	2E

Group 2 – Starting on Pommels

11	Rory Tann	Bromley Valley	4C
12	Max Hassan	Europa	4C
13	Nahum Barlow	Europa	4C
14	Samurai Gayle	Harrow	4C
15	Kiyan Faridi	Hendon	4C
16	Blake Eldridge	Hendon	4C
17	Shaquiell Grant	Camden	4C
18	William May	Heathrow	5E
19	Colton Dudley	Heathrow	6E

Group 3 – Starting on Rings

20	Dylan Yang	Harrow	1E
21	Kieran Rockett	Harrow	1E
22	Noah Rawlings	Harrow	1E
23	Kai Napier-Mackman	Harrow	1E
24	Che Liston-Lazarides	Flying Angels	1E
25	Max Goodwin	Europa	1E
26	Kai Noulton	Croydon SG	1E
27	Lewis Sobers	Catleaps	1E

Group 4 – Starting on Vault

28	Alexander Dobrynin-Lait	NELG	1E
29	Kinte Hayles-Richards	Hendon	1E
30	Manolo Kidel	Hendon	1E
31	Mason Eldridge	Hendon	1E
32	Toby Zentner	Hendon	1E-U8
33	Rory Clarke	Hendon	1E-U8
34	Niyam Raghvani	Hendon	1E-U8
35	Ellis Niles	Heathrow	1E-U8

Group 5 – Starting on P-Bars

36	Rayane Arab	Hendon	3E
37	T'Khai Phillips	Europa	3E
38	Ben Horsted	Sutton School	3E
39	Myron Francis	Harrow	4E
40	Jamie Brennan	Harrow	4E
41	Nimeire Mavounda	Hendon	4E
42	Avishai Wynne	Hendon	5C
43	Christopher O'Shea	Europa	5C
44	Harrison Hoad	Europa	5C

Group 6 – Starting on High Bar

45	Connor Tann	Bromley Valley	2C
46	Hassan Ismail	Bromley Valley	2C
47	Dylan Costello	Croydon SG	2C
48	Rhys Norfolk	Croydon SG	2C
49	Luke Longhurst	Europa	2C
50	Alexei Baranov	Europa	2C
51	Daniel Hayden	Europa	2C
52	Myles Langsam	Camden	2C
53	David Lovejoy	Camden	2C

Group 7 – Starting on PPP

54	Amari Ford	Flying Angels	2C
55	Jake Taddei-Henry	Harrow	2C
56	Michael Payne	Harrow	2C
57	Stanley Nelson	Hendon	2C
58	Victor Prodanov	Hendon	2C
59	Nam Nguyen	Hendon	2C
60	Dante Langlais John-Jules	Hendon	2C

MEDAL PRESENTATIONS

All Around medals will be presented to 1st, 2nd and 3rd placed Gymnasts in each Level and where we have more than 3 gymnasts entered for a level, individual apparatus medals will be given for 1st place only.

ELITE AND CLUB NATIONAL FINALS

It will be the responsibility of parents (or failing that the club) to find accommodation for themselves and for their sons at the National Finals weekend. The venue address is: **GMAC Alexander Stadium, Walsall Road, Perry Barr, Birmingham, B42 2LR**. All gymnasts will be expected to arrive promptly for competition registration times or a time set by the NDP organising committee. The dates for the National Finals are 4th/5th/6th November 2016 and until the entries are submitted to British Gymnastics, we do not know what level is competing on what day, so please keep the whole weekend free as we will probably not know this information until mid October.

Those gymnasts, who represent London, will be expected to purchase and wear Regional Kit at National Finals. If a gymnast does not pay for their kit on the day of the Regional Qualifiers, then they will not remain in the team and another gymnast will replace them. If a gymnast does not wear the correct Regional Kit at National Finals this could cause the whole team to be disqualified from the competition.

Payment for Regional Kit can be made on the day of the Regional Qualifiers Competition at Europa by cash, cheque or card.

SELECTION OF TEAMS

Selection of Regional Teams for the National Finals will be made at the Regional Qualifiers.

Level 1 Elite Grades ONLY

The first 6 gymnasts will represent the London Region at the Level 1 Elite Grade Finals and the next 6 gymnasts will represent the London Region at the Level 1 Club Grade Finals. If and where possible, the Team will be announced at the Regional Qualifiers. If a Team cannot be announced on the day, the selection of the Team will be up to the discretion of the MTC Committee; Mark Westley (Chairman), Peter Etherington (Regional Coach), Graham O'Suillivan (Head Judge) and the coach of any of the gymnasts concerned. The Team will then be announced via email to all Clubs and coaches during the following week.

The MTC will send a Team of gymnasts where numbers permit. The Team number is set in the National MTC Handbook. The event only applies to the In Age Categories. The MTC also reserves the right to send the best Team.

SELECTION OF TEAM COACHES

The London MTC does its best to give personal coaches the chance to attend National Finals and help with Regional Teams. The Regional Squad Training will help define the coaches that we would like to work with each Team. The final decision on which coaches will attend National Finals will be made by the MTC in conjunction with the Regional Coach, Peter Etherington.

All coaches in charge of Regional Teams and Individuals must at least be a UKCC Level 2 qualified coach.

Lastly, I wish everyone the best of luck.

Kind Regards,

Mark Westley

London Gymnastics MTC Chairman

